



**THE 5TH
FLOOR**
ELEVATING WOMEN'S LIVES

PRICE LIST 2026-2027

Package	Total Price	Price / Session	Validity	Conditions
Premium One-on-One - 10 Sessions	€750	€75	14 weeks	Full payment
Premium One-on-One - 20 Sessions	€1,380	€69	14 weeks	Full payment - 2 x per week
Semi-private Personal Training - 10 sessions - 1 x per week	€650	€65	14 weeks	Full payment - 1 x per week - 1 small group extra
Semi-private Personal Training - 20 sessions - 1 x per week	€1,280	€64	24 weeks	Full payment - 1 x per week
Semi-private Personal Training - 20 sessions - 1 x per week	€1,320	€66	24 weeks	Incasso on 5th of each month - 6 x 220 eur - 1 x per week
Semi-private Personal Training - 20 sessions - 2 x per week	€1,260	€63	14 weeks	Full payment - 2 x per week - 2 small group extra
Semi-private Personal Training - 20 sessions - 2 x per week	€1,320	€66	14 weeks	Incasso on 5th of each month - 3 x 440 eur - 2 x per week - 2 small group extra
Heart to Heart - Couple - 10 Sessions	€1,100	€110	14 weeks	Shared couple training
Slim Down - 10 week Program - 5 Sessions	€700	-	10 weeks	Complete coaching program
Krachtraining - Max. 4 - 10 Sessions	€420	€42	14 weeks	Maximum 4 participants
Small Group - 10 Sessions	€230	€23	14 weeks	Standard Package - Online reservation tool
Flexi Small Group	€260	€26	24 weeks	Extended validity - Online reservation tool